

2026 Orchard Brook Pool Rats

Assistant Coach Job Description

Reporting to: Head Coach, Parent Managers

Coaching Philosophy

The coaching staff is expected to uphold a very strong work and competitive ethic as a cohesive coaching team.

As role models to all team members and their families, it is a priority for coaches to maintain a positive, respectful, and supportive attitude for all team members and their families.

For the benefit of the team, coaches will demonstrate and encourage proper conduct, teamwork, team spirit, and sportsmanship with swimmers and their families at all times, by being firm, being fair, and being energetic during the swim season.

What you'll do:

- Help set up the pool for practice and clean up after practice
- Attend and coach each practice Mon-Thur 8-10:30 a.m. and Fri 8-10am (There will be a few weekday practices 5/27 & 5/28, 6/1-6/4)
- Attend and coach each evening meet Tue/Thur June 9-July 7
- Attend and coach the Silver and Gold Conferences Thur evening 7/9 & Sat 7/11
- Help complete work in Meet Manager as directed by the Head Coach
- Attend the Awards Ceremony
- Communicate with participants and parents of swimmers

What is required:

- 1+ years swim coaching or 2+ years swim lesson instruction or comparable swim team experience
- Must be at least 16 years of age
- Lifeguard & CPR certifications preferred
- A strong knowledge of swim strokes and competition technique - starts, turns, etc
- Effective communication skills
- Works well with children ages 5-18

Interested candidates, please fill out the application and submit to Carrie Blonigen at carrie_kennedy@hotmail.com by Friday, March 27.